



SOLGAR, INC.

WORLD HEADQUARTERS 500 WILLOW TREE ROAD, LEONIA, NJ 07605 USA PHONE 201-944-2311 FAX 201-944-7351

Solgar Introduces L-Arginine 1000 mg Tablets

LEONIA, NJ—September 24, 2009—Solgar proudly introduces L-Arginine 1000 mg Tablets. Each tablet provides 1000 mg of L-arginine, an important amino acid, to help support heart, immune, and blood health.*

“L-arginine is so important to many areas of health,” said Dr. Richard Passwater, Solgar Vice President of Research and Development. “We’re pleased to be able to offer consumers another option for supplementing this amino acid.”

L-arginine is involved in numerous metabolic processes in the body, including the formation of protein, creatine, and polyamines.*¹ Creatine is a bioactive compound involved in the energy transfer in muscles. Polyamines are vital components of cell growth.

L-arginine plays a role in the chemical signals between cells through its support of nitric oxide synthesis (NOS).^{*2} Nitric oxide, a free-form gas produced by the body, is involved in circulatory and immune system function.^{*2} It influences blood flow through veins and arteries and enables cells to communicate with other cells in the body.^{*2} Scientific research into the role of nitric oxide in blood flow and vasodilation resulted in the awarding of the 1998 Nobel Prize. Additionally, L-arginine promotes heart health³⁻⁴ and may help enhance the immune system.^{*5-7}

Solgar L-Arginine 1000 mg Tablets are free of sugar, salt, corn, yeast, wheat, soy, gluten, and dairy products and are formulated without the use of artificial preservatives, flavors, or colors. Each tablet provides 1000 mg of L-arginine with a suggested serving of one tablet three times daily. Solgar L-Arginine 1000 mg Tablets are kosher certified and will be available in fine health food stores nationwide.

###

For over 60 years, Solgar, Inc. has been educating and providing consumers worldwide with premium-quality, innovative, science-based nutritional supplements that enhance overall wellness. Committed to quality, Solgar utilizes stability testing, expiration dating, USP water filtration, and quality control analyses to ensure potency and purity in every product. With its world headquarters located in Leonia, NJ, Solgar exclusively distributes its more than 425 products directly to natural health food retailers across the globe. Additional information about Solgar can be found at www.solgar.com.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

PRESS RELEASE

Contact: Patricia Daviet
Assistant Director, Marketing
(201) 635-4835 • davielp@solgar.com

REFERENCES:

1. Institute of Medicine. Dietary Reference Intakes for Energy, Carbohydrate, Fiber, Fat, Protein, and Amino Acids (Macronutrients). Washington, DC: National Academy Press, 2002.
2. Blackman DJ et al. Endothelium-derived nitric oxide contributes to the regulation of venous tone in humans. *Circulation*. 2000;101(2):165-70.
3. Rytlewski K et al. Effects of prolonged oral supplementation with L-arginine on blood pressure and nitric oxide synthesis in preeclampsia. *Eur J Clin Invest*. 2005;35(1):32-7.
4. Bednarz B et al. Effects of oral L-arginine supplementation on exercise-induced QT dispersion and exercise tolerance in stable angina pectoris. *Int J Cardiol*. 2000;75(2-3):205-10.
5. Barbul A and H Dawson. Arginine and immunity. In: Forse RA, ed. Diet, Nutrition, and Immunity. Boca Raton, FL: CRC Press, 1994.
6. Park KGM. The Sir David Cuthbertson Medal Lecture 1992. The immunological and metabolic effects of L-arginine in human cancer. *Proc Nutr Soc*. 1993;52(3):387-401.
7. Brittenden J et al. L-arginine stimulates host defenses in patients with breast cancer. *Surgery*. 1994;115(2):205-12.

PRESS RELEASE

Contact: Patricia Daviet
Assistant Director, Marketing
(201) 635-4835 • davielp@solgar.com