



SOLGAR, INC.

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Solgar Introduces Folate (as Metafolin®) Tablets

New Product Offers Metafolin®, a Patented, Biologically Active Form of Folate

Leonia, NJ – October 16, 2008 – Solgar proudly introduces *Folate 400 mcg and 800 mcg (as Metafolin®) Tablets*, offering consumers a patented, biologically active form of folate to help support prenatal and red blood cell health.* Folic acid is the best-known form of folate but it must be converted to its active form via a series of biochemical steps. Metafolin® (L-methylfolate) does not require conversion since it is bioidentical to the active form of folate in the body.

“We’re very excited to offer Metafolin® as another option for folic acid supplementation,” said Dr. Richard Passwater, Solgar Vice President of Research and Development. “This innovative ingredient exemplifies Solgar’s ongoing commitment to providing the highest-quality nutrients with optimal bioavailability.”

Folic acid is probably most recognized for its positive effects on prenatal health. It may reduce the risk of neural tube defects, so it is important for all women of childbearing age to include at least 400 mcg of folic acid into their diet even before they plan a pregnancy. Additionally, folic acid works with vitamins B12 and C in the utilization of proteins and is essential to the development of heme, the protein-containing iron in hemoglobin needed to form red blood cells. It is also vital for the metabolism of amino acids and the synthesis of DNA and RNA.

When compared to folic acid, L-methylfolate has been shown to be absorbed equally as well,^{1,2} has a higher bioavailability in an equal dose,^{2,3} and may be more consistently bioavailable.^{2,3,4} In addition, L-methylfolate does not appear to hide indications of vitamin B12 deficiency,¹ a concern when supplementing with high levels of folic acid.

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**

PRESS RELEASE

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Research has shown L-methylfolate to be even more effective than folic acid in supporting heart health.*² Studies have also shown its positive effects on vessel,⁵ brain,⁶⁻⁹ and sperm health.^{10,11} Additionally, since folate is particularly important for the normal development of the fetus and the neural tube, L-methylfolate's higher bioavailability may make it a preferred form for those concerned with prenatal support.

Solgar's *Folate 400 mcg and 800 mcg (as Metafolin®) Tablets* are free of sugar, salt, starch, yeast, wheat, soy, gluten, and dairy products and are formulated without the use of artificial preservatives, flavors, or colors. They are also kosher certified and suitable for vegetarians. The products will be available in fine health food stores nationwide. More information can be found at www.solgar.com.

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For over 60 years, Solgar Vitamin and Herb has been educating and providing consumers worldwide with premium-quality, innovative, science-based nutritional supplements that enhance overall wellness. Committed to quality, Solgar utilizes stability testing, expiration dating, USP water filtration, and quality control analyses to ensure potency and purity in every product. With its world headquarters located in Leonia, NJ, Solgar exclusively distributes its more than 450 products directly to natural health food retailers across the globe. Additional information about Solgar can be found on the Internet at www.solgar.com.

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Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.
Solgar's KOF-K certification #K-1250

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