



Solgar Introduces Phytosterol Complex 1000 mg Softgels

LEONIA, NJ — December 4, 2009 — Solgar proudly introduces Phytosterol Complex 1000 mg Softgels, which provide Heart Choice® all-natural, scientifically researched plant sterols derived from soybean and sunflower oils. The premium, plant sterol esters contained in Solgar's Phytosterol Complex may reduce the risk of heart disease.*

A serving of Phytosterol Complex supplies 0.9 grams (900 mg) of vegetable oil sterol esters. Foods and supplements containing at least 650 mg per serving of plant sterol esters, eaten twice a day with meals for a daily total intake of at least 1300 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease through the intermediate link of blood total and LDL cholesterol.*

Solgar's Phytosterol Complex 1000 mg Softgels are free of gluten, wheat, dairy, yeast, sugar, sodium, artificial flavor, sweetener, and preservatives. This product will be available in fine health food stores nationwide.

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For over 60 years, Solgar Vitamin and Herb has been educating and providing consumers worldwide with premium-quality, innovative, science-based nutritional supplements that enhance overall wellness. Committed to quality, Solgar utilizes stability testing, expiration dating, USP water filtration, and quality control analyses to ensure potency and purity in every product. With its world headquarters located in Leonia, NJ, Solgar exclusively distributes its more than 425 products directly to natural health food retailers across the globe. Additional information about Solgar can be found at www.solgar.com.

Heart Choice® is a registered trademark of the Cognis Group 

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

PRESS RELEASE

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