



Solgar Introduces Liquid Melatonin 10 mg

LEONIA, NJ – October 7, 2011 – For consumers seeking sleep support, Solgar introduces Liquid Melatonin 10 mg offering a higher dosage of melatonin in a kosher-certified, easy-to-absorb liquid form.* Available in a delicious natural black cherry flavor, this quality formulation provides 10 mg of melatonin per dropperful (1 ml). A convenient calibrated dropper also offers consumers the option of 5 mg of melatonin per half dropperful (0.5 ml).

Melatonin is an excellent choice for people experiencing occasional sleeplessness, those with jet lag, or anyone wanting to support sound, quality sleep.* It is a hormone naturally secreted by the pineal gland in the brain. The pineal gland processes information from the eyes regarding light and darkness and then relays this information to the body through melatonin. This is why melatonin levels throughout the body are so important for promoting calm, restful sleep and a relaxed mood by supporting natural circadian rhythms.*

Solgar® Liquid Melatonin 10 mg is kosher certified, vegetarian, and free of gluten, wheat, dairy, soy, yeast, sugar, artificial flavor, and sweetener. This premium formula will be available in health food stores nationwide.

For over 60 years, Solgar Vitamin and Herb has been educating and providing consumers worldwide with premium-quality, innovative, science-based nutritional supplements that support overall wellness. Committed to quality, Solgar utilizes stability testing, expiration dating, USP water filtration, and quality control analyses to ensure the potency and purity of every product. With its world headquarters located in Leonia, NJ, Solgar exclusively distributes its more than 400 products directly to natural health food retailers across the globe. Additional information about Solgar can be found at www.solgar.com.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRESS RELEASE

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