



Solgar Introduces Sublingual Liquid B-12 2000 mcg with B-Complex

LEONIA, NJ — December 4, 2009 — Solgar proudly introduces Sublingual Liquid B-12 2000 mcg with B-Complex. This great-tasting liquid formula is an excellent choice for those who have difficulty swallowing tablets or capsules. One dropperful provides 2,000 mcg of vitamin B-12 (as cyanocobalamin) in addition to a synergistic B-complex blend.*

Vitamin B-12 is a naturally-occurring B vitamin that promotes the health of the circulatory and nervous systems.* It supports energy metabolism by working with enzymes involved in the breakdown of nutrients such as amino acids.* It is also vital for the normal formation of blood cells and is involved in DNA synthesis and renewal.* Each nutrient in the synergistic B-complex blend performs a unique role in maintaining proper metabolic functioning and is essential for well-being.*

Solgar's Sublingual Liquid B-12 2000 mcg with B-Complex is free of gluten, wheat, dairy, soy, yeast, sugar, sodium, artificial flavors, sweetener, and color. This product will be available in fine health food stores nationwide.

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For over 60 years, Solgar Vitamin and Herb has been educating and providing consumers worldwide with premium-quality, innovative, science-based nutritional supplements that enhance overall wellness. Committed to quality, Solgar utilizes stability testing, expiration dating, USP water filtration, and quality control analyses to ensure potency and purity in every product. With its world headquarters located in Leonia, NJ, Solgar exclusively distributes its more than 425 products directly to natural health food retailers across the globe. Additional information about Solgar can be found at www.solgar.com.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

PRESS RELEASE

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